



# THE CONNECTION

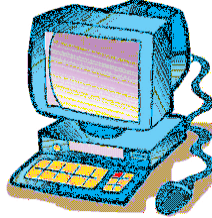
Bruce Peninsula Seniors Connect Inc. Newsletter  
Tobermory, Lion's Head, Wiarton



July 2010 Issue 51

## Computer Courses

Seniors Connect has had a number of requests for further Computer Training Courses. While there are several people who would like to have the Basic Course, many of the people who took the Basic Course last year, are now ready for more Advanced Training.



Last year, the Computer Training was made possible through Government Funding. That funding has been depleted and in order for the Computer Training to continue, it will be necessary for some costs to be incurred by the participants involved. The Board of Seniors Connect will be discussing this issue over the summer and are hoping to have plans finalized to begin offering classes in the Fall.

## Volunteers

Over the last few months, Seniors Connect has had a number of requests for Volunteer Drivers to take Seniors to Medical appointments, Grocery shopping etc.

If you are interested in being a Volunteer Driver, please contact: Shirley Johnstone at 519-795-7424 or e-mail [shirley.jpj@hotmail.com](mailto:shirley.jpj@hotmail.com) for more information.

## Ballroom Dancing

A number of people have expressed an interest in having Ballroom Dancing Lessons. If there is sufficient interest, Seniors Connect will try to set up a program in the Fall. If this is something you have always wanted to do, please let us know. Contact: Shirley Johnstone at 519-795-7424 or e-mail [Shirley.jpj@hotmail.com](mailto:Shirley.jpj@hotmail.com).



## Bingo

This has become a popular event with an average of 10 – 15 seniors coming out to the Seniors Connect office each week. Each participant brings a wrapped item for a prize and they are getting quite creative in the prizes they bring, i.e. Chocolate bars, popcorn, dishcloths, facecloths, soap, bath salts, even Tupperware. The prizes are always a surprise and provide a few laughs. The seniors truly enjoy these little outings where they can spend a few hours with friends, play a few games of Bingo and maybe even win a prize.

## E-mail Addresses

We need your e-mail addresses. If you have e-mail, please send us your e-mail address. We are trying to cut down on the cost of mailing the Newsletter.



## WE INVITE YOUR IDEAS & SUGGESTIONS

Seniors Connect is GROWING. We now have a membership of 60. The Board members are striving to develop interesting new programs and activities for Seniors in the area. Let us know what programs and activities would you like. Call the office at 519-793-3781 or send us an email at [seniorsconnect@amtelecom.com](mailto:seniorsconnect@amtelecom.com). with your suggestions.

BRUCE PENINSULA SENIORS CONNECT IS ENTIRELY FUNDED THROUGH DONATIONS. ANY DONATIONS WOULD BE GRATEFULLY ACCEPTED.

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## Coffee Connection

Seniors Connect Coffee Mornings are held every Wednesday morning from 10:00 to 11:30 a.m. It can be “come and go” such as library attendees dropping in for a coffee – or tea – or just a chat. We aim for informality though sometimes we have a speaker to give useful information and sometimes enjoy a presentation of picture slides or a video documentary. We have even been known to go out for lunch afterwards.

The last few years have shown a fairly steady attendance of 12 – 15, which gives rise to many interesting conversations and shared information. I must admit the women outnumber the men but the latter often offer wonderful stories (true or otherwise) which adds laughter and much joy to our meetings. Recently we all celebrated Margaret’s 90<sup>th</sup> birthday with song, story, cards and cake with candles. Now, although most of us are over 39, we are young in heart – and ideas. Many Seniors, like myself, love the music of the 50’s & 60’s and so look forward to the annual visit of the “Big Bands” to Port Elgin. This year it is on September 18. Many not only go to listen, but to also dance the light fantastic (not do sure about the light!) Do you remember the Fox Trot; Quick Step; Waltz; Rhumba – and even the Jitter-Bug? Those were the days of *real* music and *real* dancing. Even the TV show “So You Think You Can Dance” is not dancing – it is amazing acrobatics. No wonder my granddaughter says “You are more than 39, grandma!”

Please remember that we are not ‘a club’ – but an informal gathering of friends who would welcome you any Wednesday.

*Pat Horner*  
519-793-3625

### Do you need Help or Information?

Call Seniors Connect at  
**519-793-3781**



**If there is no answer, PLEASE leave a message with your name and telephone number and we will get back to you.**

# ATTENTION

## Bruce Peninsula Seniors Connect ANNUAL MEETING

**Wednesday, September 15<sup>th</sup> 2010  
2:00 p.m.**

**Seniors Connect Office**

### AlarmCare

AlarmCare is a Personal Emergency response System (PERS) designed to help anyone live independently and securely in their homes. If assistance is needed, a simple push of the help button will immediately send an emergency signal. Free installation, only \$28 per month. 1-800-267-2001.



### **BPSC Regular Weekly Activities**

**Lion’s Head – Seniors Connect Office**

Tuesday – 10:00 - 11:30 a.m. – Fun Bingo

Wednesdays – 10:00 - 11:30 a.m. – Coffee Connection

If you have been spring cleaning, you may relate to this ditty:

*“I’ll clean the cupboard this morning,” I say,  
“And go on a real pitch-out spree.”*

*But soon I was putting things back on the shelves, ‘cause that seemed where they really should be.*

*And discovering other pure treasures, from which I can’t bear to be parted, I find myself finishing the task with the same stuff as when I first started!*

### **Bruce Peninsula Seniors Connect Contacts**

For Tobermory, contact Shirley at 519-795-7424. For Lion’s Head, contact 519-793-3781.